

# ACC+ Senior Dog Quality of Life Checklist

Use this checklist once a week to monitor your dog's well-being. Bring your notes to your veterinarian if you notice persistent changes.

## Mobility

- Gets up comfortably
- Walks without significant hesitation
- Can manage stairs or ramps
- Shows interest in short walks

## Appetite

- Eats meals consistently
- Maintains interest in treats
- No sudden weight loss or gain

## Hydration

- Drinking normally
- No signs of dehydration
- Water intake hasn't changed dramatically

## Comfort

- Rests comfortably
- No persistent limping
- No excessive panting or signs of pain

## Happiness

- Enjoys favorite activities
- Wags tail / engages with family
- Seems relaxed most of the day

## Social Engagement

- Greets family members
- Enjoys affection
- No unusual withdrawal or confusion

## Questions for Your Veterinarian

- Have you noticed any changes that concern me?
- Would a pain assessment be helpful?
- Should we adjust diet, exercise, or medications?
- Are additional diagnostics recommended?

***Remember: Aging is not a disease. Small changes noticed early can help your dog stay comfortable and enjoy more good days***